



Holy Communion/ The Lord's Supper

We believe in Holy Communion of the Lord's Supper, in the partaking of the elements of bread & grape juice, to commemorate the Lord's atoning sacrifice in that He freely gave His Shed Blood for our sins on Calvary, and in so much that He gave His Back to the smiters at the whipping post, for by His Stripes we are healed.

We understand that life & healing flow through receiving of these elements by faith. We believe that this Holy Communion should be received reverently, by a humble and repentant heart, after preparing our hearts through soul- searching repentance.

Remember the following scriptures:

(NIV) I Cor. 10:16-17: "When we bless the Cup at Lord's Table, aren't we sharing in the benefits of the Blood of Christ? And when we break the Loaf of Bread, Aren't we sharing in the benefits of the Body of Christ? And we all eat from one Loaf, showing that we are the Body of Christ."

(NIV) Lk. 22:19-20: "Then He took a loaf of bread; and when He had thanked God for it, He broke it in pieces and gave it to the disciples, saying:

This Is My Body, Given For You
Do This In Remembrance of Me.

And He took a cup of wine and said:

This wine is the token of God's New Covenant to save you - an agreement sealed with the Blood I will pour out for you.

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